



## **Dr. MacRae Pediatric Dental Surgery Information**

Your child has been referred for dental surgery at the Summerland Health Centre. They will have their surgery at the Summerland Health Centre and go home on the same day.

Dr. MacRae's office will arrange the date for your child's surgery. You will receive a phone call from the Summerland Health Centre with your arrival time a few days before your child's surgery.

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### **PREPARATION FOR DENTAL SURGERY**

- Children having dental surgery at the Summerland Health Centre require a doctor's physical examination before the surgery. The doctor will need to complete the Summerland pre-surgical screening questionnaire during this examination.
- Once the doctor completes the Summerland pre-surgical screening questionnaire their office will need to fax it to Dr. Macrae's office at 778-755-0096.
- A nurse at the Summerland Health Centre will review the questionnaire and contact you if further investigations are needed to prepare your child for surgery.

#### **Things to do**

1. Make an appointment with your family doctor or a doctor in your community at least 2 weeks before the surgery date.
2. Dr. MacRae's office will give you a Summerland pre-surgical screening questionnaire. You must bring this questionnaire to the appointment with your family doctor.
3. A pre-surgical screening nurse will contact you if your child is diabetic, asthmatic or has any other medical conditions.

4. If your child develops a cough, fever or any symptoms of illness before the surgery date, phone a pre-surgical screening nurse at 250-404-8000.
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## **EATING & DRINKING RULES**

**These rules are VERY important for the safety of your child having an anesthetic. Please read and follow the rules exactly or the surgery will be delayed or cancelled.**

**You child cannot eat any food after midnight. Your child can drink water up until 3 hours before their arrival time.**

- Give your child a normal dinner and extra water the night before surgery and a healthy snack with more water before bedtime.
- Milk products are considered solid food.
- No Breast milk or formula for 5 hours prior to your arrival time.
- This includes no chewing gum, no candy.

**If you have any questions about the eating and drinking rules before your child's surgery please call a pre-surgical screening nurse at 250-404-8000.**

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## **ON THE DAY OF SURGERY**

- Remove all jewelry
- Your child will change into hospital PJ's when they arrive
- Bring blanket, toy, books, tablet for your child's comfort

**Please note the time you are told to arrive at the Summerland Health Centre. When you arrive there will be a certain amount of waiting time before your child has their surgery. During this time your child will be assessed by a nurse, the anesthesiologist and possibly given a pre-surgery medication.**

While your child is being assessed the nurses will give the driver an estimated discharge time. Please have the driver available either in person or by phone to receive the discharge time.

It is strongly recommended that you have another adult accompany you on the day to assist with caring for your child while driving home.

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## **AFTER SURGERY**

The nurses will review all discharge instructions with you before you leave ☺